

TB HIV/AIDS COMPREHENSIVE PROGRAM FOR AL-NOOR ORPHANAGE HOME.

1. INDIVIDUAL COUNSELLING (CHILDREN ON THEIR ENTRY)

- ✚ We need to follow up with the parents/guardians & relatives
- ✚ We need to refer and network with community structures & organizations.
- ✚ Initiate support groups (like a buddy or big brother/sister campaign)
- ✚ Group counseling (programs where they can be trained and motivated to become peer counselors for themselves and others)
- ✚ Also we need involvement of Social workers, volunteers & psychologists

2. CORE FOCUS - TO PROVIDE THEM WITH EDUCATION

- ✚ Programs for kids (Life skills)

Examples of the above:

TB education and awareness

Substance abuse and awareness

Teenage pregnancy / Sexuality

HIV/AIDS education and awareness

Importance of hygiene

How to take care of themselves within relationships (love, Boys & Girls)

Personal development

Trauma counseling

Gender violence

- ✚ Traveling allowance for kids for kids to visit Hospices
- ✚ Health emergencies
- ✚ Educational programs with other orphanages to build social development
- ✚ Arrange excursions with individuals as well as organizations
- ✚ Involvement with the different schools
- ✚ To train kids to become Peer educators

CARE AND SUPPORT FOR BOTH KIDS AND FAMILIES

1. Field visits - are their parents deceased & are they staying with relatives / guardians.

- ✚ Unemployed
- ✚ Very sick family member even their own parents

We advise support and counseling so that we can refer to appropriate services. For the parents and guardians we arrange parental programs and skills training.

- ✚ Refer them to community organizations → NETWORKING
Example: ID for kids / Birth certificates
- ✚ Refer them to health structures and monitor progress

2. Monthly meetings with families / guardians

- ✚ Discuss progress
- ✚ Raise any concerns
- ✚ Share experiences & knowledge between Child care givers and families
- ✚ Share skills with each other
- ✚ We need to discuss health issues and most importantly the recurrence of TB amongst some of the kids when they are coming from home. Also the importance of taking their medication and honoring doctors appointments.
- ✚ Lastly letting the relatives be aware that we are always open to new ideas.

3. WORKSHOPS AND TRAINING FOR FAMILIES, RELATIVES, STAFF AND VOLUNTEERS

1. Families / Relatives are Precious

- ✚ Participants to get a chance to share honestly about being a parent, relative, guardian or a family member.
- ✚ Participants to get to know themselves better.
- ✚ Participants to find a way that they can learn to love themselves more.
- ✚ Participants to understand that they are the most precious person in their child's life.

2. Communicating with the children

- ✚ Participants to understand that their words and behavior shape the way a child feels about him or herself and the child's self concept.
- ✚ Participants to realize they can choose to shape their children positively.
- ✚ Participants to realize that good communication helps a child to develop positively.
- ✚ Participants to learn some basic communication skills.
- ✚ Participants to get an opportunity to practice some basic communication skills.

3. Social and emotional development understanding children's behavior

- ✚ Participants to understand briefly what social and emotional development are.
- ✚ Participants to understand how children learn to trust.
- ✚ Participants to understand how children learn independence.
- ✚ Participants to understand how children develop initiative and a conscience.

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5. Social and emotional development understanding children (Part 1)

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6. Social and emotional development understanding children's behavior (Part 2)

- ✚ Participants to understand that there are reasons of a child's behavior.
- ✚ Participants understand how important and powerful parent's attention is to a child.
- ✚ Participants understand that they need to stop and look for the deeper reason to a child's behavior before reacting immediately.
- ✚ Participants to understand that often when children are behaving "badly" they are expressing a need that is not met.

7. How to discipline children

- ✚ Participants to understand why children misbehave.
- ✚ Participants to understand the aim / purpose of discipline.
- ✚ Participants to reflect on their own style of discipline.
- ✚ Participants to consider alternative methods of discipline.

8. Mental development (Part 1)

- ✚ Participants to understand what mental development is.
- ✚ Participants to understand how children learn.
- ✚ Participants to understand how to help children to think for themselves through using questions.
- ✚ Participants to practically engage in activities that stimulate children learning about the world around him or her.

9. Mental Development (Part 2)

- ✚ Participants understand that the family role is to help the child to think for him/herself.
- ✚ Participants understand what activities can be used to develop a child's thinking skills.
- ✚ Participants understand that language development is assisted through story telling.
- ✚ Participants to be equipped to tell a story to children that stimulates mental development.

10. Physical Development

- ✚ Participants to understand where children's large muscles are and how to develop them.
- ✚ Participants to understand where children's small muscles are and how different activities in the home can develop them.
- ✚ Participants to appreciate the benefits of music and movement in physical development of child.
- ✚ Participants to get ideas how they can use what is in their home to create musical instruments for children.

11. Our Future

- ✚ Participants are given chance to think about a future for their child.
- ✚ Participants see their role in the future of their children
- ✚ Participants understand the basics of action and reflection.

The above workshops and training will help families and children for the future with things like:

- ✚ Families, relatives and guardians being involved in their child's learning
- ✚ Showing families, guardians and relatives that they are the best role models for their children
- ✚ Showing your child you are listening
- ✚ How relatives / guardians can help child develop initiative
- ✚ How relatives / guardians can help develop a healthy conscience
- ✚ How families and guardians can help develop trust with their children
- ✚ How parents, families, guardians can help their children to think